OUR COFFEE

The Shed Blend is sweet, rich and creamy. A duet of Colombia (60%) and Guatemala (40%) roasted to deliver flavours of Cacao, dried fruits and nougat.

Espresso 1 kJ	4.2
Macchiato 17 kJ, **Piccolo** 160 kJ	4.5
Flat White 371 kJ, **Latte** 503 kJ, **Cappuccino** 349 kJ, **Long Black** 3 kJ	5.0
Mug	+0.8

Retail Coffee

250g Coffee Beans	18
1kg Coffee Beans	50

CHOCOLATE

A powerful chocolate with cocoa sourced from the exclusive West African regions. A rich flavour with lovely tones of berries, malt & vanilla.

Hot Chocolate 679 kJ	5.2
Mocha 536 kJ	6

FLAVOURED LATTES

Chai Latte 826 kJ	5.2
Dirty Chai 638 kJ	6
Matcha Latte 821 kJ	6
Taro Latte 719 kJ	6

LOOSE LEAF TEA

English Breakfast, Earl Grey, Chamomile, Peppermint, Chai, Green, Lemongrass & Ginger,	5.5
Sticky Chai 201 kJ	6

EXTRAS

Decaf, Syrups, Extra Shot, Soy, Almond, Lactose Free, Oat	0.8

MILKLAB

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COLD DRINKS

Milkshakes Chocolate 1340 kJ, Strawberry 1330 kJ, Vanilla 1360 kJ, Caramel 1340 kJ, Biscoff 1895 kJ or Nutella 2065 kJ	8 +1
Iced Long Black 3 kJ	6.5
Iced Latte 847 kJ	8
Iced Coffee 1190 kJ / **Chocolate** 1510 kJ / **Chai** 1800 kJ	8.5
Iced Matcha 1349 kJ / **Taro** 1310 kJ	9
Iced Mocha 1350 kJ	9
Iced Strawberry Matcha Latte 2037 kJ	10
Frappes Coffee 1670 kJ, Mocha 1830 kJ, Chocolate 1980 kJ	9
Soft Drink 330ml	5
Bottled Water	3.5
Sparkling Water	4.5

The average adult daily energy intake is 8700 kJ.

PLEASE ORDER & PAY AT THE COUNTER OR SCAN THE QR CODE TO ORDER & PAY AT THE TABLE

ALLERGEN INFO

All items are processed in an area that is exposed to dairy, nuts, gluten, chilli, pork + eggs.

Please notify staff if you have any allergies, dietary requirements or if you are pregnant.

A surcharge of 15% applies on Public Holidays.

THE SHED STANHOPE GARDENS

Shop 24, Stanhope Village
2 Sentry Drive, Stanhope Gardens, NSW 2768

LET'S GET SOCIAL

Check in and tag us in your food snaps!

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STANHOPE GARDENS

BREAKFAST

Classic Bacon & Egg on a Bun 1945 kJ — 13
Bacon & Fried Egg in a Butter Milk Bun with Choice of Sauce

Add Hash Brown 608 kJ — 3

Eggs Your Way (V, GFO) 1930 kJ — 14
2 Eggs, Poached, Fried or Scrambled served with Choice of Artisan Bread

Loaded Brekkie Burger (GFO) 3225 kJ — 18
Toasted Bun With Hash Brown, Egg, Bacon, Lettuce, Tomato, Cheese, Relish & Aioli

Hello Halloumi Burger (V, GFO) 3479 kJ — 18
Toasted Milk Bun Loaded with Halloumi, Hash Brown, Fried Egg, House Relish & Aioli

Twisted Avocado (V, GFO, VGO) 2728 kJ — 23
Charcoal Sourdough, Poached Egg, Avocado, Kale, Apple, Fennel, Red Cabbage, Cherry Tomato, Fetta Cheese, Pepitas, Za'atar, Almond Flakes, Pomegranate, Beetroot Hummus & Balsamic Glaze

The Umami Nest | Crowd Favourite **(V)** 3657 kJ — 24
Warm Wild Mushroom, Potato Gratin, Spinach, Poached Egg, Dukkah, Parmesan, Muhammara, Fried Enoki & Pomegranate Pearls in Brioche Bread

The Shed Benedict
Served on Brioche Bread with 2 Poached Eggs, Sauteed Spinach, Herbed Hollandaise, Sumac, Pomegranate & Choice of:
1. Bacon 3434 kJ — 23
2. Southern Fried Chicken & Slaw 3820 kJ — 23
3. Smoked Salmon (I) 3271 kJ — 24

The Shed Corn Fritters (V) 2527 kJ — 24
2 Stacked Corn Fritters, Smashed Avo, Za'atar, Poached Egg, Balsamic Glaze, Our House Relish, Romesco Hummus & Feta Cheese

Biscoff French Toast (V) 3934 kJ — 23
Brioche, Biscoff Spread & Crumb, Vanilla Ice Cream, Mascarpone Cheese, Seasonal Fruit, Berries & Pistachio Crumb

Taro Hotcakes (V) 4470 kJ — 23
Taro Infused Hotcakes, Vanilla Ice Cream, Seasonal Fruits, Maple Syrup, Fairy Floss, Coconut Flakes, Almond Flakes & Pepitas, Served with Taro Sauce

The Shed Big Breakfast (GFO) 4410 kJ — 28
Sourdough Toast, 2 Eggs Your Way, Grilled Tomato, Hash Brown, Wild Mushrooms, Sauteed Spinach, Chorizo & Bacon

Vegetarian Big Breakfast (V, GFO) 4658 kJ — 25.5
Sourdough Toast, 2 Eggs Your Way, Halloumi, Hash Brown, Avocado, Wild Mushrooms, Sauteed Spinach & Grilled Tomato

Omelettes — 22
1. Spanish Chorizo (GFO) 3584 kJ
Folded Omelette with Spanish Chorizo, Onion, Capsicum & Cheese Served with Your Choice of Bread

2. Cheddar & Forest (V, GFO) 2539 kJ
Folded Cheesy Omelette with Wild Mushrooms, Spinach, Cheddar & Parmesan Cheese with Choice of Bread

Chilli Scrambled Egg 3594 kJ — 19.5
Scrambled Egg Cooked in our House Made Chilli Oil, Served on Brioche Bread with Parmesan Cheese & Chives

SIDES AND EXTRAS

House Relish, Aioli, Chipotle Mayo, Chilli Oil or Chilli Sauce	1
Hollandaise Sauce	2
One Egg, Hash Brown	3
Grilled Tomato, Sauteed Spinach, Sauteed Mushrooms, Avocado, Halloumi	5.5
Grilled Bacon, Grilled Chicken, Chorizo	6
Smoked Salmon **(I)**	7

Our Crispy Battered Chips 2395 kJ — 10
Sweet Potato Chips 2183 kJ — 12

LUNCH

Smoked Salmon Bagel (GFO) 2292 kJ — 17
Smoked Salmon with Pickles, Oak Lettuce, Capers, Crème Cheese & Avo

Naan Down Tacos (3pcs)
Apple Slaw, Coriander Salsa, Cheese, Zesty Lime & Garlic Aioli with Your Choice of:
1. Battered Fish (I) 4867 kJ — 24
2. Southern Fried Chicken 5008 kJ — 21
3. Spiced Cauliflower Popcorn (V) 3818 kJ — 18

Fish & Chips (I) 4058 kJ — 24
Battered Fish, Served with our Crunchy Chips, House Salad & Aioli

PASTA & RICE

Chilli & Garlic Prawn Spaghetti (I) 4198 kJ — 25
Pan Seared Prawn, Garlic, Chilli, Cherry Tomatoes cooked in Basil & Olive Oil Sauce with Rocket

Chicken Pink Penne 4400 kJ — 23
Chicken, Garlic, Sundried Tomato & Parsley, Cooked in Shed Famous Pink Sauce

Wild Mushroom & Chicken Risotto 4662 kJ — 23
Chicken & Wild Mushroom Mix Cooked in Shed Famous Pink Sauce with Parmesan & Pane Gratto

Turmeric & Prawn Risotto (I) 2514 kJ — 24
Prawns, Cherry Tomatoes, Garlic, Cooked in a Creamy Turmeric Sauce with Parmesan & Spinach

Add Chilli Oil — 1

Nasi Goreng 3309 kJ — 25
Chicken, Prawn Fried Egg, Garlic, Vege Mix, Cooked with Soy & Sambal Oelek

BURGERS & SANDWICHES

Served with a Side of Fries

Wagyu Beef Burger 4925 kJ — 24.5
Juicy Wagyu Beef Patty, Pickled Onions, Lettuce, Pickles, Cheese & Burger Sauce

Southern-Style Fried Chicken Burger 4325 kJ — 23
Southern Fried Chicken Served on Toasted Bun With Slaw, Jalapeño, Chipotle Mayo & Cheese

Steak Sandwich 4465 kJ — 25
Grilled Scotch Fillet with Caramelised Onion, Rocket, Beetroot, House Relish & Aioli on Buttered Turkish Toast

Chicken Schnitzel on Turkish 4856 kJ — 23
Chicken Schnitzel, Avo, Lettuce, Tomato, Aioli & Cheese

BOWLS & SALADS

The Shed Protein Bowl (GFO, V, VGO)
Our Kale and Pickled Cabbage Salad With Romesco Hummus, Roasted Sweet Potato, Brown Rice, Avocado, Pepitas, Roasted Almonds, Cherry Tomatoes, Pomegranate Pearls with Choice of:
1. Cauliflower Popcorn (V, VGO) 4698 kJ — 21
2. Grilled Chicken 4064 kJ — 24
3. Grilled Salmon (I) 4458 kJ — 28

Caramelised Walnut & Portuguese Chicken Salad (GFO) 2726 kJ — 21
Mixed Lettuce, Cherry Tomato, Olives, Persian Feta, Onion, Grilled Portuguese Chicken, Caramelised Walnuts, Cucumber, Pomegranate Tossed with Maple Vinaigrette & Balsamic. *Make it Vegetarian with Halloumi*

The average adult daily energy intake is 8700 kJ.

FOR THE KIDS

Kids under 12 only

Kids Breakfast 1823 kJ — 13.5
Choice of Egg, Hash Brown and Soft Toast

Kids Fish and Chips (I) 2627 kJ — 13.5

Kids Chicken Nuggets & Chips 3566 kJ — 13.5

Kids Pancake 2117 kJ — 13.5
Served with Vanilla Ice Cream and Your Choice of Nutella, Chocolate Sauce or Maple Syrup

Kids Pasta 2359 kJ — 13.5
Served in our House Napolitana Sauce

Kids Milkshake — 6
Chocolate 986 kJ, Caramel 991 kJ, Strawberry 982 kJ or Vanilla 999 kJ

SMOOTHIES

Mango Tango 1448 kJ — 10
Frozen Mango, Yoghurt, Honey & Milk

Power Up Smoothie 1740 kJ — 11
Protein Powder, Banana, Chia Seed Yoghurt & Milk

Add Peanut Butter — 2

Berry Lit 1443 kJ — 10
Mixed Berries, Yoghurt, Honey & Milk

Açai All Day 1278 kJ — 10
Açai, Coconut Water & Banana

FRESH JUICE

The Shed Juice 862 kJ — 10
Watermelon, Apple, Orange & Pineapple

Citrus Kick Juice 790 kJ — 10
Orange, Pineapple, Lemon & Ginger

Pinemelon Juice 954 kJ — 10
Watermelon, Pineapple, Lemon & Ginger

The Clean Green Juice 843 kJ — 10
Celery, Apple, Cucumber, Pear, Ginger & Lemon

SOFT SERVE AÇAI

Bowl & Cup Acai Served with Banana, Strawberries and Granola

Acai Bowl 2453 kJ — 19
Acai Cup 970 kJ — 15
Sauces
Nutella, Peanut Butter, Biscoff, Pistachio, Honey — +2
Toppings
Biscoff Crumb, Coconut Flakes, Chia Seeds — +1

V Vegetarian | **VG** Vegan | **VGO** Vegan On Request
GF Gluten Free | **GFO** Gluten Free Option
A Australian | **I** Imported | **M** Mixed Origin

Daily Fresh Bakery Items and Sweets Will Be Displayed in Our Front Counter