OUR COFFEE

The Shed Blend is sweet, rich and creamy. A duet of Colombia (60%) and Guatemala (40%) roasted to deliver flavours of Cacao, dried fruits and nougat.

Espresso 1 kJ 4

Macchiato 17 kJ 4.4
Piccolo 160 kJ

Flat White 371 kJ 5
Latte 503 kJ
Cappuccino 349 kJ
Long Black 3 kJ

Mug +0.8

CHOCOLATE

A powerful chocolate with cocoa sourced from the exclusive West African regions. A rich flavour with lovely tones of berries, malt + vanilla.

Hot Chocolate 679 kJ 5

Mocha 536 kJ 5.8

CHAI

Chai Latte 862 kJ 5

Dirty Chai 638 kJ 5.8

Matcha Latte 821 kJ 5.8

LOOSE LEAF TEA

English Breakfast, Earl Grey, Chamomile, Chai, Peppermint, Green, Lemongrass + Ginger 5

Less than 40 kJ

EXTRAS

Decaf, Syrups, Extra Shot, Alternative Milks 0.8

MILKLAB®

COFFEE HAS MY BACK
theshed®
www.theshedcafe.com.au

A VARIETY OF TOASTS, TOASTIES AND CROISSANTS ARE AVAILABLE. ASK OUR FRIENDLY STAFF.

FOR THE KIDS

Kids under 12 only

Kids Cheese Toastie & Milkshake Combo (V) 1795 kJ 14

Kids Breakfast 2515 kJ 16
Slider, Scrambled Egg, Bacon & Hash

Kids Beef Slider 4718 kJ 16
with BBQ or Tomato Sauce,
Served with Fries & Juice

Kids Chicken Nuggets, Chips & Juice 14
4438 kJ

Kids Pancake (1) & Milkshake Combo 2206 kJ 16
Ice Cream, Oreo & Maple

Kids Milkshakes 6.5
Chocolate 986 kJ, Strawberry 982 kJ, Banana 974 kJ, Vanilla 999 kJ, Caramel 991 kJ, Nutella 1511 kJ

Kids Fresh Juice 7
Orange 861 kJ, Orange & Pineapple 856 kJ or Apple & Pineapple 837 kJ

The average adult daily energy intake is 8700 kJ.

PLEASE ORDER & PAY AT THE COUNTER OR SCAN THE QR CODE TO ORDER AND PAY AT THE TABLE

ALLERGEN INFO

All items are processed in an area that is exposed to dairy, nuts, gluten, chilli, pork + eggs.

Please notify staff if you have any allergies, dietary requirements or if you are pregnant.

A surcharge of 15% applies on Public Holidays.

THE SHED ROSELANDS

Kiosk K0004, Roselands Shopping Centre
24 Roselands Drive, Roselands NSW 2196

roselands@theshedcafe.com.au
Ph: 02 9758 9837

LET'S GET SOCIAL

Check in and tag us in your food snaps!

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WWW.THESHEDCAFE.COM.AU

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theshed®
ROSELANDS CENTRO

ALL DAY

Brekkie Wrap 4481 kJ — 19
Bacon, Eggs and Hashbrown, Mozzarella, Avocado with Smokey BBQ Sauce

Breakfast Croissant (V) 4450 kJ — 18
Smoked Paprika, Scrambled Eggs, Smashed Avocado, Fetta

Twisted Avocado (V) 3327 kJ — 23
On Charcoal Bread with Poached Egg, Avocado, Kale Slaw, Fetta, Seeds, Beetroot Hummus, Shaved Fennel, Apple, Cherry Tomato, Dukkha & House Dressing

Add Extra 1 Egg 352 kJ — +4

Bacon & Egg Roll 2435 kJ — 13
BBQ or Tomato Sauce, Egg & Bacon on a Milk Bun

Add Hashbrown 583 kJ — +3

Haloumi Egg & Hash Burger (V) 3106 kJ — 15
Haloumi, Egg, BBQ Sauce & Hash on Milk Bun

Eggs On Toast (V) 944 kJ — 14
Choice of Poached, Fried or Scrambled, Served with One Slice of Sourdough Toast

Berry Pancakes 3751 kJ — 21
Fresh Seasonal Berries, Ice Cream, Maple Syrup, House Made Berry Compote, Pink Pajmak (Floss) & Crushed Pistachio

Bruschetta 1305 kJ — 15
Toasted Sourdough, Topped with Tomato, Oregano, Garlic Sauce, Olive Oil, Fetta Cheese & Balsamic Glaze

Turkish Eggs (V) 3582 kJ — 23
2 Poached Eggs, Yoghurt, Sauteed Mushroom & Spinach, Chilli Oil, Basil Dressing, Toasted Seeds & Dukkah. Served with Turkish Toast

Shakshuka 2606 kJ — 23
Tomato & Red Pepper Sauce with 2 Baked Eggs, Chilli Oil, Dukkah & Sumac. Served with Sourdough,

The Shed Breakfast Plate 5907 kJ — 28
Eggs Your Way, Hashbrown, Haloumi, Bacon, Chorizo, Spinach & Mushroom. Served with Sourdough

Mediterranean Breakfast 4214 kJ — 28
Scrambled Egg, Hashbrown, Spinach, Beetroot Hummus, Mushrooms, Olives, Fetta, Roasted Sweet Potatoes and Labneh. Served with Pita

Green Pea & Corn Fritter 3328 kJ — 23
Avocado, Tomato, Zaatar Spice, Kale Cabbage Slaw, Hollandaise, Beetroot Hummus, Fetta & Poached Egg

Eggs Benedict on Milk Bun
Poached Eggs on Milk Bun, Spinach & Hollandaise Sauce. With a Choice of:

1. Smoked Salmon (M) 4012 kJ — 26
2. Bacon 4720 kJ — 25
3. Mushroom 2831 kJ — 25

EXTRAS

Chorizo 573 kJ, Grilled Tomato 92 kJ, Sauteed Spinach 387 kJ, Grilled Haloumi 994 kJ, 2 Bacon Rashers 1248 kJ	5
Hashbrown 538 kJ	3
Avocado 656 kJ, Mushrooms 468 kJ	6
Smoked Salmon **(M)** 338 kJ, 2 Eggs 745 kJ	7
Grilled Chicken 633 kJ	8
Grilled Salmon **(I)** 1934 kJ	12

ALL DAY

SALADS & BOWLS

Grilled Chicken Salad (DF) 2919 kJ — 24
With Steamed Greens, Spinach, Cabbage, Julienne Sliced Apple, Kale, Fennel & Toasted Maple Granola, Toasted Seeds & Dukkah, House Dressing & Berry Compote

Grilled Haloumi Salad (V) 3770 kJ — 22
Beetroot Hummus, Quinoa, Green Salad, Roasted Sweet Potato, Chat Potato, Grilled Haloumi, Pumpkin Seeds & Dukkha Spice with House Dressing

Chicken Schnitzel Caesar Salad 2756 kJ — 24
Schnitzel, Cos Lettuce, Bacon, Parmesan Cheese, Croutons & Poached Egg

Grilled Salmon (I) Avocado Poke Bowl (GF) 4528 kJ — 33
Steamed Greens, Brown Rice, Avocado, Miso Dressing, Toasted Almond Flakes, Pepitas, Chat Potato, Beetroot Hummus, Kale & Cabbage Slaw

Protein Bowl 3015 kJ — 25
Beetroot Hummus, Kale, Quinoa, Avocado, Roasted Sweet Potato, Chat Potato, Basil Basted Chargrilled Chicken, House Dressing & Lemon Wedge

Chicken Avo Cheese Melt 3007 kJ — 15

Chicken & Mushroom Crepe 1864 kJ — 23
with Ricotta Cheese & Side Salad

Chicken Sandwich on Turkish 3529 kJ — 17
With Avo and Cheese

Chicken Schnitzel Wrap 4184 kJ — 18
With Spicy Mayo, Cheese,Tomato & Lettuce

Club Sandwich 3680 kJ — 19
Grilled Chicken, Bacon, Avo, Lettuce & Tomato, Served with Soylin Sourdough & Herb Mayo

SHED BURGERS 25
With Fries

1. 2 Sliders & Fries 4883 kJ
Choice of Beef or Chicken

2. Portuguese Chicken Burger 6067 kJ
Portuguese Chicken Burger, Spiced Chicken with Tomato, Lettuce, Cheese & Spicy Mayo

3. The Wagyu Burger 6106 kJ
Wagyu Beef Patty, Burger Sauce, Lettuce, Caramelised Onion, Pickles & American Cheddar

4. Steak Sandwich on Turkish 5298 kJ
With Caramelised Onions, Garlic Aioli, Tomato and Lettuce, Served with Fries

Replace Fries with Sweet Potato — +1

Small Fries 2335 kJ — 7
Large Fries 6358 kJ — 13
Large Sweet Potato Fries 3995 kJ — 16

V Vegetarian | **VG** Vegan | **VGO** Vegan On Request
GF Gluten Free | **GFO** Gluten Free Option | **DF** Dairy Free
A Australian | **I** Imported | **M** Mixed

The average adult daily energy intake is 8700 kJ.

SOFT SERVE AÇAI

Açai Cone 1111 kJ — 8
Plain Açai in a Waffle Cone topped with Nutella or Peanut Butter Sauce

	C	B
Brekkie Açai C 1327 kJ | B 2655 kJ Açai topped with Granola, Banana, Berries & Honey	14	19

Add Peanut Butter 1260 kJ, **Nutella** 1114 kJ **or Biscoff Sauce** 553 kJ — +1

C Cup | B Bowl

COLD DRINKS

Still Water — 5

Soft Drink 390mL — 5.5
Coke 594 kJ, Coke Zero 309 kJ, Sprite 261 kJ, Fanta 264 kJ

Sparkling Water — 5

Milkshakes — 8
Chocolate 1340 kJ, Vanilla 1360 kJ, Strawberry 1330 kJ, Caramel 1340 kJ, Banana 1310 kJ, Nutella 2447 kJ

Iced — 8
Latté 847 kJ, Coffee 1190 kJ, Chocolate 1510 kJ, Chai 1800 kJ

Frappe — 8.5
Coffee 1610 kJ, Mocha 1830 kJ, Chocolate 1980 kJ

Iced Green Tea Matcha Latte 1190 kJ — 8.5

SMOOTHIES

Breakfast Buzz 2689 kJ — 10
Milk, Banana, Ice Cream, Granola & Honey

Mango 1808 kJ — 10
Milk, Mango, Ice Cream & Honey

Mixed Berry 1723 kJ — 10
Mixed Berries, Honey, Milk & Ice Cream

Acai 1159 kJ — 12
Acai Berry, Coconut Water & Banana

Add Espresso 3 kJ — +1

FRESH JUICE

The Shed 957 kJ — 10
Watermelon, Pineapple, Orange & Apple

Sunrise 789 kJ — 10
Watermelon, Pineapple, Lemon & Strawberry

Cleanse Your Soul 1128 kJ — 10
Apple, Cucumber, Pear, Pineapple, Lemon & Ginger

Screwdriver 734 kJ — 10
Orange, Pineapple, Lemon & Ginger

Design Your Own (Choose up to 4) — 10
Orange 394 kJ, Apple 375 kJ, Watermelon 231 kJ, Pineapple 462 kJ, Lemon 30 kJ, Ginger 50 kJ, Pear 411 kJ, Cucumber 48 kJ