OUR COFFEE

The Shed Blend is sweet, rich and creamy. A duet of Colombia (60%) and Guatemala (40%) roasted to deliver flavours of Cacao, dried fruits and nougat.

Espresso 1 kJ, **Macchiato** 17 kJ, **Piccolo** 160 kJ	4.2
Flat White 371 kJ, **Latte** 503 kJ, **Cappuccino** 349 kJ, **Long Black** 3 kJ	4.8
Mug	5.7

CHOCOLATE

A powerful chocolate with cocoa sourced from the exclusive West African regions. A rich flavour with lovely tones of berries, malt + vanilla.

Hot Chocolate 679 kJ	4.8
Mocha 536 kJ	5.5
Turmeric Latte 796 kJ	5.5
Nutella Mocha 825 kJ	5.5

CHAI

Chai Latte 826 kJ	4.8
Dirty Chai 638 kJ	5.5

LOOSE LEAF TEA

English Breakfast, Earl Grey, Chamomile, Peppermint, Chai, Green, Lemongrass & Ginger	5.5

EXTRAS

Decaf, Syrups, Extra Shot, Alternative Milks	0.7

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theshed®
www.theshedcafe.com.au

PLEASE ORDER & PAY AT THE COUNTER

FOR THE KIDS

Kids under 12 only

Kids Breakfast 2760 kJ Bacon, Fried Egg & Hash Brown on White Cottage Bread	11.9
Battered Flathead & Chips (I) 2236 kJ With Tomato Sauce	11.9
Chicken Nuggets & Chips 2892 kJ	11.9
Kids Pancake 998 kJ Served with Chocolate Sauce & Ice Cream	11.9
Kids Milkshake Chocolate 986 kJ, Strawberry 982 kJ, Vanilla 999 kJ, Caramel 991 kJ	5
Kids Smoothie Banana 1099 kJ, Mango 1039 kJ, Mixed Berry (1001 kJ	6
Kids Juices Fresh Orange & Apple 848 kJ, Fresh Orange 788 kJ	6

The average adult daily energy intake is 8700 kJ.

SHARE YOUR FEEDBACK

by scanning the QR Code below

ALLERGEN INFO

All items are processed in an area that is exposed to dairy, nuts, gluten, chilli, pork + eggs.

Please notify staff if you have any allergies, dietary requirements or if you are pregnant.

A surcharge of 10% applies on Public Holidays.

THE SHED NEWCASTLE

Shop 13, Ground Floor, Marketown Shopping Centre
23 Steel St, Newcastle West NSW 2302

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(02) 4041 0308

LET'S GET SOCIAL

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COFFEE HAS MY BACK
theshed®
NEWCASTLE MARKETOWN

BREAKFAST

Served all day

Bacon & Egg Burger (GFO) 2437 kJ — 12.9
Fried Egg, Double Bacon, Cheese & BBQ Sauce. On Soft Seeded Milk Bun
Add Hashbrown 608 kJ or Avocado 492 kJ — +2

Eggs on Toast 1930 kJ — 12.9
Poached or Fried Eggs
Scrambled Egg 658 kJ **or Hashbrown** 608 kJ — +2
Add Bacon 1248 kJ — +5

Smashed Avocado (GFO, V, VGO) 2480 kJ — 20.9
Avocado, Cherry Tomatoes, Free Range Poached Eggs, Fetta, Mixed Nuts & Beetroot Hummus, Balsamic Glaze on Soy Linseed
Add Bacon 1248 kJ — 5
Add Salmon (M) 540 kJ — 6

Mushroom & Chorizo Stack (GFO) 2245 kJ — 22.9
Garlic Rosemary Mushrooms on Turkish with Two Poached Eggs, Rocket, Cherry tomato, Olives, Matcha Labneh & Sumac
Add Bacon 1248 kJ — 5

Biscoff Pancakes 2952 kJ — 20.9
Served with Served with Seasonal Berries, Vanilla Ice Cream, Almond & Coconut Crumble, Maple Syrup

Ricotta Toast 2836 kJ — 17.9
Fruit Toast, Citrus Zest, Ricotta, Seasonal Fruits & Honey

Omelette Served with Sourdough
Choice of:
1. **Vegetarian** 2769 kJ — 20.9
Mushroom Spinach, Cherry Tomato & Cheese
2. **Spanish** 3727 kJ — 22.9
Chorizo, Cherry Tomato, Potato, Cheese & Onion
3. **Chicken** 3040 kJ — 22.9
Cherry Tomato, Cucumber, Avocado & Cheese

Eggs Benedict
Choice of:
1. **Bacon & Mushroom** 4393 kJ — 21.9
With Spinach & Hollandaise on Sourdough
2. **Salmon (M) & Avocado** 3918 kJ — 22.9
With Spinach & Hollandaise on Sourdough

Moroccan Baked Eggs (GFO) 2606 kJ — 23.9
Baked Bean, Chorizo, Capsicum, Onion, Garlic in Rich Spice Tomato Sauce, Served with Sourdough

Cauliflower Fritters 2895 kJ — 22.9
Served with Poached Eggs, Spinach, Avocado & Tomato Chutney
Add Bacon 1248 kJ — 5
Add Salmon (M) 540 kJ — 6

Big Shed Brekky 5887 kJ — 27.9
Free Range Eggs (Poached or Fried), Bacon, Spanish Chorizo, Hash Brown, Sauteed Mushroom & Grilled Tomato on Sourdough
Scrambled Egg 658 kJ — +2

EXTRAS

Sauteed Spinach 109 kJ, Grilled Tomato 177 kJ — 3

Grilled Halloumi 248 kJ, 2 Bacon Rashers 1248 kJ Avocado 492 kJ, Mushrooms 492 kJ, 2 Eggs 865 kJ, Chorizo 910 kJ — 5

Grilled Chicken 855 kJ or Smoked Salmon **(M)** 540 kJ — 6

LUNCH

Power Bowl 3260 kJ
Served with Barley, Mix Leaves, Spiced Sweet Potato & Carrot, Fried Egg, Broccolini, Green Beans, Beetroot Hummus, Roasted Nuts & House Dressing
Chicken 3761 kJ **or Falafel** 3001 kJ — 22.9
With Smoked Salmon (M) 3507 kJ — 24.9

Vegan Bowl (GFO) 3703 kJ — 22.9
Crunchy Falafel, Avocado, Grilled Broccolini, Beans, Quinoa Slaw, Pickled Cauliflower, Spiced Sweet Potato & Carrot, Cherry Tomatoes, Beetroot Hummus & Grilled Sourdough

Fish Tacos (3) 3224 kJ — 19.9
Flathead Fillet **(I)**, Herb Slaw, Avocado on a Soft Tortilla

House Crumbed Chicken Schnitzel 2776 kJ — 20.9
Served with Fries, Salad & Aioli

Beer Battered Flathead (I) 2980 kJ — 22.9
Served with Salad, Fries, Aioli & Lemon

Grilled Barramundi Fillet (A) 2459 kJ — 26.9
Served with Fries, Salad, Aioli & Lemon

Salads

1. **Poached Chicken (GF)** 2687 kJ — 23.9
With Avocado, Mixed leaves, Herb Slaw, Green Apples, Berry Compote, Granola & Lemon Vinegar Dressing
2. **Moroccan Influence Pulled Lamb** 2729 kJ — 25.9
With Rocket, Roasted Sweet Potato & Carrot, Cherry Tomato, Broccolini, Pomegranate, Feta Cheese & Mix Nuts

SHED BURGERS $21.9

Served on a Milk Bun with Fries. Choice of:

1. **Wagyu Beef** 3263 kJ
Lettuce, Tomato, Cheese, Pickles & Secret Sauce
2. **Shed Chicken Club Sandwich** 5780 kJ
Portuguese Spiced Chicken, Bacon, Avocado, Tasty Cheese, Lettuce, Tomato & Chipotle Sauce on Turkish
2. **Grilled Portuguese Chicken** 2479 kJ
Lettuce, Tomato, Pickle, Avocado, Cheese & Secret Sauce
3. **Vegie Burger** 2501 kJ
Vegetarian Patty, Herb Slaw, Tomato, Pickles, Avocado & Secret Sauce

Add Bacon 612 kJ, **Fried Egg** 508 kJ, **Avocado** 492 kJ — +2

Replace Fries w/ Sweet Potato Fries -867 kJ — +1

Fries with Tomato Sauce 2529 kJ — 9.9
Sweet Potato Fries with Aioli 1148 kJ — 11.9

The average adult daily energy intake is 8700 kJ.

PLEASE SEE DISPLAY CABINET FOR MORE FOOD OPTIONS

V Vegetarian | **VG** Vegan | **VGO** Vegan On Request
GF Gluten Free | **GFO** Gluten Free Option
A Australian | **I** Imported | **M** Mixed Origin

COLD DRINKS

Sparkling Water on Tap — 3.5
Sparkling Water Bottle — 4.2
Sparkling Peach Ice Tea 119 kJ — 4.9
Sparkling Ginger Beer 205 kJ — 4.9
Sparkling Lemon, Lime & Bitters 183 kJ — 4.9

Milkshakes — 7.5
Chocolate 1340 kJ, Strawberry 1330 kJ, Banana 1310 kJ, Vanilla 1360 kJ, Caramel 1340 kJ

Iced
Latte 847 kJ, Long Black 3 kJ — 6.9
Coffee 1190 kJ, Chocolate 1510 kJ, Chai 1800 kJ, Mocha 1350 kJ — 7.9

Bottled Water — 3.5
Bottled Juices — 5.9

Soft Drinks 330ml — 4.9
Coke, Diet Coke, Coke No Sugar, Sprite, Fanta

SMOOTHIES & FRAPPES

Banana Smoothie 1202 kJ — 10.9
Banana, Ice Cream, Milk & Honey

Mixed Berry Smoothie 1602 kJ — 10.9
Mixed Berries, Ice Cream, Milk & Honey

Mango Smoothie 1329 kJ — 10.9
Mangoes, Ice Cream, Milk & Honey

Taste of Summer 1769 kJ — 10.9
Mango, Watermelon, Coconut Milk & Lime

Acai Smoothie 1159 kJ — 10.9
Acai Berries, Banana & Coconut Water
Add Protein 183 kJ — +2

Frappe — 9.9
Coffee 1670 kJ, Mocha 1830 kJ, Chocolate 1980 kJ

Fruit Frappe — 10.9
Mango & Passion Fruit 1109 kJ, Pineapple, Coconut & Mint 916 kJ

FRESH JUICE

The Shed 924 kJ — 9.9
Watermelon, Pineapple, Orange & Apple

Screwdriver 505 kJ — 9.9
Orange, Pineapple, Lemon & Ginger

Go Green 1128 kJ — 9.9
Kale, Apple, Cucumber, Celery, Lemon & Ginger

Sunrise 789 kJ — 9.9
Watermelon, Pineapple, Lime & Strawberry

Design Your Own (Choose up to 4) — 9.9
Orange, Apple, Watermelon, Pineapple, Lemon, Ginger