

## OUR COFFEE

The Shed Blend is sweet, rich and creamy. A duet of Colombia (60%) and Guatemala (40%) roasted to deliver flavours of Cacao, dried fruits and nougat.

|                                                                                                    |     |
|----------------------------------------------------------------------------------------------------|-----|
| <b>Espresso</b> 1 kJ                                                                               | 4.2 |
| <b>Macchiato</b> 17 kJ, <b>Piccolo</b> 160 kJ                                                      | 4.4 |
| <b>Flat White</b> 371 kJ, <b>Latte</b> 503 kJ,<br><b>Cappuccino</b> 349 kJ, <b>Long Black</b> 3 kJ | 5   |
| <b>Mug</b>                                                                                         | +1  |
| <b>Babycino</b> 63 kJ                                                                              | 1   |

## CHOCOLATE

A powerful chocolate with cocoa sourced from the exclusive West African regions. A rich flavour with lovely tones of berries, malt & vanilla.

|                             |     |
|-----------------------------|-----|
| <b>Hot Chocolate</b> 679 kJ | 5   |
| <b>Mocha</b> 536 kJ         | 5.5 |

## CHAI

|                            |     |
|----------------------------|-----|
| <b>Chai Latte</b> 862 kJ   | 5   |
| <b>Dirty Chai</b> 638 kJ   | 5.5 |
| <b>Matcha Latte</b> 821 kJ | 5.5 |

## LOOSE LEAF TEA

|                                                                                          |   |
|------------------------------------------------------------------------------------------|---|
| English Breakfast, Earl Grey, Chamomile,<br>Peppermint, Chai, Green, Lemongrass & Ginger | 5 |
|------------------------------------------------------------------------------------------|---|

## EXTRAS

|                                            |   |
|--------------------------------------------|---|
| Mug, Syrups, Extra Shot, Alternative Milks | 1 |
|--------------------------------------------|---|

MILKLAB®



## FOR THE KIDS

Kids under 12 only

|                                                                                                                                                                                                                   |      |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|
| <b>Kids Breakfast &amp; Drink</b> 2051 kJ<br>Bacon, Egg Slider, Hash Brown                                                                                                                                        | 15.5 |
| <b>Slider &amp; Fries</b> 2760 kJ<br>Beef or Chicken & Cheese Slider                                                                                                                                              | 15.5 |
| <b>Chicken &amp; Fries</b> 2894 kJ<br>Grilled Chicken or Nuggets, Fries & Drink                                                                                                                                   | 15.5 |
| <b>Kids Waffles &amp; Drink</b> 998 kJ,<br><b>Pancakes &amp; Drink</b> 1892 kJ<br>Served with Berries, Ice Cream &<br>Maple Syrup (or Topping)<br>Kid's Drink Choice of Milkshake,<br>Soft Drink or Hot Chocolate | 15.5 |
| <b>Change to Fresh Juice or Smoothie</b>                                                                                                                                                                          | 2    |
| <b>Kids Milkshakes</b><br>Chocolate 986 kJ, Strawberry 982 kJ,<br>Banana 974 kJ, Vanilla 999 kJ,<br>Caramel 991 kJ, Nutella 1511 kJ                                                                               | 6.3  |

The average adult daily energy intake is 8700 kJ.

**PLEASE ORDER & PAY  
AT THE COUNTER  
OR  
SCAN QR CODE TO ORDER  
& PAY AT THE TABLE**

## ALLERGEN INFO

All items are processed in an area that is exposed to dairy, nuts, gluten, chilli, pork & eggs.

Please notify staff if you have any allergies, dietary requirements or if you are pregnant.

A surcharge of 15% applies on Public Holidays.  
A surcharge of 10% applies on Sundays.

## THE SHED ERINA FAIR

Level 1 Shop K02  
Erina Fair Shopping Centre, Erina NSW 2250  
erina@theshedcafe.com.au

## LET'S GET SOCIAL

Check in and tag us in your food snaps!



@THESHEDCAFE\_ERINA  
#THESHEDCAFE @THESHEDCAFEAUSTRALIA

**WWW.THESHEDCAFE.COM.AU**

COFFEE HAS MY BACK

theshed.®

ERINA FAIR

| ALL DAY MENU                                                                               |  |  |
|--------------------------------------------------------------------------------------------|--|--|
| <b>The Shed Big Brekkie (GFO)</b> 4068 kJ 28                                               |  |  |
| Eggs Your Way on Toast with Bacon, Tomato, Mushroom, Avocado & Hash Brown                  |  |  |
| <b>Vegetarian Breakfast (GFO, V)</b> 4098 kJ 28                                            |  |  |
| Eggs, Mushroom, Haloumi, Avocado, Hash Brown & Grilled Tomato on Toast                     |  |  |
| <b>Eggs Benedict (GFO)</b> 26                                                              |  |  |
| On a Brioche Bun with Hollandaise Sauce. Choice of:                                        |  |  |
| <b>1. Avocado, Spinach &amp; Mushrooms</b> 2847 kJ                                         |  |  |
| <b>2. Salmon (I), Spinach &amp; Avocado</b> 2654 kJ                                        |  |  |
| <b>3. Chorizo, Spinach &amp; Mushrooms</b> 2926 kJ                                         |  |  |
| <b>Bacon &amp; Egg Burger</b> 2201 kJ 14                                                   |  |  |
| With Relish & Cheese                                                                       |  |  |
| <b>Super Brekky Roll</b> 2928 kJ 18                                                        |  |  |
| With Bacon, Egg, Relish, Cheese, Avocado & Hash Brown                                      |  |  |
| <b>Breakfast Bruschetta (GFO)</b> 1410 kJ 23                                               |  |  |
| Avocado Smash, Tomato, Onion, Poached Egg, with Fetta & Balsamic Glaze                     |  |  |
| <b>Add Smoked Salmon (I)</b> 338 kJ <b>or Bacon</b> 1248 kJ 6.5                            |  |  |
| <b>Veggie Brekky Roll</b> 2910 kJ 19                                                       |  |  |
| Avocado, Halloumi, Egg, Spinach, Hash Brown & Tomato Relish                                |  |  |
| <b>Smashed Avocado (GFO)</b> 3320 kJ 23                                                    |  |  |
| With Avocado, Poached Egg, Crumbled Fetta, Sunflower Seeds & Dukkah on Soy & Linseed Bread |  |  |
| <b>Add Poached Egg</b> 95 kJ 3.5                                                           |  |  |
| <b>Eggs Your Way</b> 3912 kJ 13.5                                                          |  |  |
| Free Range Eggs Poached, Scrambled or Fried on Sourdough                                   |  |  |
| <b>Add Mushrooms</b> 468 kJ 4.5                                                            |  |  |
| <b>Add Bacon</b> 1248 kJ 6.5                                                               |  |  |
| <b>Omelette</b>                                                                            |  |  |
| <b>1. Spinach, Mushroom, Cheese</b> 3377 kJ 20                                             |  |  |
| <b>2. Bacon, Tomato, Onion &amp; Cheese</b> 3575 kJ 22                                     |  |  |
| <b>3. Mediterranean</b> 3190 kJ 22                                                         |  |  |
| Roasted Capsicum, Spinach, Fetta, Tomato & Red Onion                                       |  |  |
| <b>Wild Mushroom &amp; Egg</b> 3182 kJ 23                                                  |  |  |
| Mixed Exotic Mushrooms, Dukkah, Avocado, Poached Egg on Soy & Linseed Sourdough            |  |  |
| <b>The Shed Brekky Sliders &amp; Coffee</b> 3224 kJ 20                                     |  |  |
| Choose Two:                                                                                |  |  |
| <b>Bacon, Egg, Cheese &amp; Relish</b> 1627 kJ                                             |  |  |
| <b>Beef, Egg, Cheese &amp; BBQ Sauce</b> 1598 kJ                                           |  |  |
| <b>The Shed Granola</b> 3532 kJ 19                                                         |  |  |
| With House made Granola, Greek Yoghurt, Strawberries, Poached Pears & Berry Compote        |  |  |
| <b>Açaí Bowl</b> 2833 kJ 21                                                                |  |  |
| With Granola, Seasonal Fruits, Chia Seeds & Shredded Coconut                               |  |  |
| <b>Belgian Waffles</b> 3000 kJ <b>or Pancakes</b> 2144 kJ 20                               |  |  |
| Served with Berry Compote, Strawberries, Ice Cream & Maple Syrup                           |  |  |
| <b>Corn &amp; Zucchini Fritters (GFO, V)</b> 2601 kJ 20                                    |  |  |
| Served with Beetroot Hummus, Avocado & Relish                                              |  |  |
| <b>Add Poached Egg</b> 508 kJ 3.5                                                          |  |  |
| <b>Add Bacon</b> 1248 kJ, <b>Salmon (I)</b> 338 kJ <b>or Mushrooms</b> 468 kJ 4.5          |  |  |

| EXTRAS                                                                                                               |  |  |
|----------------------------------------------------------------------------------------------------------------------|--|--|
| Fried Onion 615 kJ, Hollandaise Sauce 574 kJ, Gluten Free Bread 314 kJ 1                                             |  |  |
| Extra Egg 95 kJ, Hash Brown 1200 kJ 3.5                                                                              |  |  |
| Tomato 92 kJ Spinach 109 kJ, Mushroom 468 kJ, 4.5                                                                    |  |  |
| Bacon 1248 kJ, Grilled Chicken 633 kJ, Chorizo 572 kJ, Smoked Salmon (I) 338 kJ Halloumi 583 kJ, Avocado 656 kJ, 6.5 |  |  |

V Vegetarian | VG Vegan | VGO Vegan On Request  
GF Gluten Free | GFO Gluten Free Option  
A Australian | I Imported | A Mixed Origin

| ALL DAY MENU                                                                                                              |  |  |
|---------------------------------------------------------------------------------------------------------------------------|--|--|
| <b>Chicken Schnitzel on Turkish</b> 4194 kJ 18                                                                            |  |  |
| Fried Chicken, Onion, Bacon & Tomato Chutney, Lettuce & Avocado                                                           |  |  |
| <b>Swap Turkish Bread to Tortilla Wrap</b> +0.5                                                                           |  |  |
| <b>Add Side Fries</b> 1394 kJ +6                                                                                          |  |  |
| <b>Chicken Schnitty</b> 5004 kJ 27                                                                                        |  |  |
| Served with Salad, Chips & Mushroom Sauce                                                                                 |  |  |
| <b>Creamy Mushroom Chicken</b> 3227 kJ 27                                                                                 |  |  |
| Chargrilled Chicken Served with Chips, Salad & Creamy Mushroom Sauce                                                      |  |  |
| BURGERS                                                                                                                   |  |  |
| <b>Angus Beef</b> 2946 kJ 21                                                                                              |  |  |
| With Tomato, Cheese, Lettuce, Caramelised Onion & Mustard Aioli                                                           |  |  |
| <b>Grilled Chicken</b> 2776 kJ 19                                                                                         |  |  |
| With Avocado, Tomato, Cheese, Lettuce, Caramelised Onion & Mustard Aioli                                                  |  |  |
| <b>Shed Chicken Club Sandwich</b> 2986 kJ 21                                                                              |  |  |
| Portuguese Spiced Grilled Chicken, Bacon, Crushed Avocado, Cheese, Lettuce & Tomato with Chipotle Mayo on Turkish Bread   |  |  |
| <b>Brisket Burger</b> 2282 kJ 19                                                                                          |  |  |
| Slow Cooked Beef with Smokey BBQ Sauce, Cheese & Slaw with Aioli                                                          |  |  |
| <b>Vegan Burger (VG)</b> 2128 kJ 19                                                                                       |  |  |
| With Zucchini & Corn Fritter, Mushrooms, Red Peppers, Lettuce, Avocado & Beetroot Hummus on a Vegan & GF Sweet Potato Bun |  |  |
| <b>The Shed Sliders &amp; Fries</b> 24                                                                                    |  |  |
| Choose Two:                                                                                                               |  |  |
| <b>1. Beef</b> 1391 kJ                                                                                                    |  |  |
| With Cheese, Lettuce, Tomato, Caramelised Onion & Mustard Aioli                                                           |  |  |
| <b>2. Chicken</b> 1417 kJ                                                                                                 |  |  |
| With Cheese, Lettuce, Tomato, Caramelised Onion & Mustard Aioli                                                           |  |  |
| <b>3. Pork</b> 1673 kJ                                                                                                    |  |  |
| With Pulled Pork, Cheese, BBQ Sauce & Aioli Slaw                                                                          |  |  |
| <b>Side Salad</b> 968 kJ 6                                                                                                |  |  |
| <b>Side Fries</b> 1394 kJ 6                                                                                               |  |  |

|                                              |  |  |
|----------------------------------------------|--|--|
| <b>Bowl of Potato Fries</b> 2395 kJ 11       |  |  |
| <b>Bowl of Sweet Potato Fries</b> 1598 kJ 13 |  |  |
| <b>Wedges</b> 2717 kJ                        |  |  |
| With Sweet Chilli & Sour Cream               |  |  |
| Side 7                                       |  |  |
| Large 13                                     |  |  |

| BOWLS AND SALADS                                                                                              |  |  |
|---------------------------------------------------------------------------------------------------------------|--|--|
| <b>Protein Bowl</b> 2227 kJ 24                                                                                |  |  |
| Grilled Chicken, Quinoa, Roasted Pumpkin & Capsicum, Mushrooms, Avocado Smash, Beetroot Hummus & Baby Spinach |  |  |
| <b>Brunch Bowl</b> 1066 kJ 23                                                                                 |  |  |
| 2 Poached Eggs, Roasted Pumpkin & Capsicum, Mushrooms, Avocado Smash, Beetroot Hummus & Baby Spinach          |  |  |
| <b>Falafel Bowl</b> 2180 kJ 22                                                                                |  |  |
| Falafels, Roasted Capsicum & Pumpkin, Beetroot Hummus, Quinoa & Mixed Leaves with Dressing                    |  |  |
| <b>Lamb Kafta Salad</b> 2540 kJ 25                                                                            |  |  |
| Lamb Kafta, Mixed Leaves, Roasted Pumpkin, Capsicum, Beetroot Hummus & House Dressing                         |  |  |
| <b>Moroccan Chicken Salad</b> 2992 kJ 23                                                                      |  |  |
| Roasted Capsicum, Feta, Semi-Dried Tomatoes, Roasted Pumpkin, Mixed Leaves, House Dressing, Quinoa & Yoghurt  |  |  |

The average adult daily energy intake is 8700 kJ.

| ALL DAY MENU                                                                                                                      |  |  |
|-----------------------------------------------------------------------------------------------------------------------------------|--|--|
| <b>Open Melts</b> 18                                                                                                              |  |  |
| Choice of:                                                                                                                        |  |  |
| <b>Poached Chicken</b> 2394 kJ                                                                                                    |  |  |
| With Pesto Aioli, Semi-dried Tomatoes, Spinach & Tasty Cheese                                                                     |  |  |
| <b>Maple Bacon</b> 3122 kJ                                                                                                        |  |  |
| With Pineapple, Fried Egg & Tasty Cheese                                                                                          |  |  |
| <b>Avocado</b> 2667 kJ                                                                                                            |  |  |
| With Red Peppers, Zucchini, Pumpkin & Haloumi                                                                                     |  |  |
| <b>Nachos</b> 5051 kJ 19                                                                                                          |  |  |
| Housemade Beef Nachos with Smashed Avocado, Grilled Tasty Cheese & Sour Cream                                                     |  |  |
| <b>Vegan Nachos (GFO, V)</b> 2671 kJ 18                                                                                           |  |  |
| Housemade from Black Beans, Lentils, Mushrooms, Tomatoes, Carrots, Garlic & Onions, served with Avocado Tomato Salsa & Corn Chips |  |  |
| SMOOTHIES                                                                                                                         |  |  |
| <b>Breakfast Buzz</b> 2689 KJ 10.9                                                                                                |  |  |
| Oat Milk, Banana, Ice Cream, Granola & Honey                                                                                      |  |  |
| <b>Mixed Berry</b> 1723 KJ 10.9                                                                                                   |  |  |
| Mixed Berries, Ice Cream, Milk & Honey                                                                                            |  |  |
| <b>Mango Smoothie</b> 1808 KJ 10.9                                                                                                |  |  |
| Mango, Ice Cream & Milk                                                                                                           |  |  |
| <b>Banana &amp; Strawberry</b> 2144 KJ 10.9                                                                                       |  |  |
| Banana, Strawberry, Ice Cream, Milk & Honey                                                                                       |  |  |
| <b>Pea–Nut–Ella</b> 3519 kJ 10.9                                                                                                  |  |  |
| Peanut Butter, Nutella, Milk & Ice Cream                                                                                          |  |  |
| <b>Acai Smoothie</b> 1159 KJ 10.9                                                                                                 |  |  |
| Acai Berries, Banana & Coconut Water                                                                                              |  |  |
| <b>Add Protein Powder</b> + 502 KJ +3                                                                                             |  |  |

| FRESH JUICE                                      |  |  |
|--------------------------------------------------|--|--|
| <b>The Shed</b> 957 KJ 9.5                       |  |  |
| Watermelon, Pineapple, Orange & Apple            |  |  |
| <b>Screwdriver</b> 734 KJ 9.5                    |  |  |
| Orange, Pineapple, Lemon & Ginger                |  |  |
| <b>Sunrise</b> 696 KJ 9.5                        |  |  |
| Watermelon, Pineapple, Lemon & Strawberry        |  |  |
| <b>Cleanse Your Soul</b> 1128 KJ 9.5             |  |  |
| Apple, Cucumber, Lemon, Ginger, Pear & Pineapple |  |  |
| <b>Orange Juice</b> 840 KJ 9.5                   |  |  |

| COLD DRINKS                                                                           |  |  |
|---------------------------------------------------------------------------------------|--|--|
| <b>Milkshakes</b> 8.5                                                                 |  |  |
| Chocolate 1340 kJ, Strawberry 1330 kJ, Vanilla 1360 kJ, Caramel 1340 kJ               |  |  |
| <b>Add Protein Powder</b> + 502 kJ +3                                                 |  |  |
| <b>Make it Thick</b> + 1290 kJ +2.5                                                   |  |  |
| <b>Iced</b>                                                                           |  |  |
| Latte 847 kJ, Long Black 3 kJ 8.5                                                     |  |  |
| Coffee 1190 kJ , Chocolate 1510 kJ, Mocha 1350 kJ, Chai 1800 kJ, Green Tea 908 kJ 9.5 |  |  |
| <b>Frappe</b> 10.5                                                                    |  |  |
| Coffee 1672 kJ, Mocha 1825 kJ, Chocolate 1976 kJ, Red Velvet 2264 kJ                  |  |  |
| <b>Alternative Milks</b> +1                                                           |  |  |
| <b>Bottled Water</b> 3.5                                                              |  |  |
| <b>Sparkling Water</b> 4                                                              |  |  |
| <b>Soft Drinks 330ml</b> 5.5                                                          |  |  |
| Coke 594 kJ, Coke No Sugar 349 kJ, Lemonade 261 kJ                                    |  |  |