COFFEE

The Shed Blend is sweet, rich and creamy. A duet of Colombia (60%) and Guatemala (40%) roasted to deliver flavours of Cacao, dried fruits and nougat.

Espresso 1 kJ	4.2
Macchiato 17 kJ, **Piccolo** 160 kJ	4.5
Flat White 371 kJ, **Latte** 503 kJ, **Cappuccino** 349 kJ, **Long Black** 3 kJ	5.0
Mug	+0.8

CHOCOLATE

A powerful chocolate with cocoa sourced from the exclusive West African regions. A rich flavour with lovely tones of berries, malt + vanilla.

Hot Chocolate 679 kJ	5
Mocha 536 kJ	6

CHAI

Chai Latte 826 kJ	5
Dirty Chai 638 kJ	6
Matcha 821 kJ	6

LOOSE LEAF TEA

English Breakfast, Earl Grey, Peppermint, Jasmine Green, Chamomile, Lemongrass & Ginger	6

EXTRAS

Decaf, Syrups, Extra Shot, Soy, Almond Milk, Oat Milk, Lactose Free	0.8

MILKLAB®

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theshed®

www.theshedcafe.com.au

حلال HALAL

KIDS BOX

Kids under 12 only

Kids Breakfast Plate 2813 kJ Scrambled Eggs, Hashbrown & White Bread	12
Nuggets & Chips 3905 kJ	12
2 Stack Pancakes 2101 kJ Ice Cream, Maple Syrup & Biscuit Crumb	12
Fish & Chips (I) 3865 kJ	12
Kids Cheeseburger & Chips 3940 kJ	12
Cheese Toasties 1830 kJ	6

The average adult daily energy intake is 8700 kJ.

PLEASE ORDER AND PAY AT THE COUNTER

ALLERGEN INFO

All items are processed in an area that is exposed to dairy, nuts, gluten, chilli + eggs.

All Fish is Imported

Please notify staff if you have any allergies, dietary requirements or if you are pregnant.

A surcharge of 10% applies on Public Holidays.

THE SHED BANKSTOWN CENTRAL

Level 2, Shop KI101, North Terrace
Bankstown NSW 2200

bankstown@theshedcafe.com.au

P 02 9644 1362

LET'S GET SOCIAL

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BANKSTOWN CENTRAL

ALL DAY MENU

Acai Bowl 2680 kJ — 18
Acai Mix, Granola & Seasonal Fruit

Granola Bowl 2554 kJ — 18
Yoghurt mixed with Cinnamon, Chia Seeds Granola, Berry Sauce & Seasonal Fruit, Topped with Honey

Brekky Burger & Coffee 1982 kJ — 18
Beef Rashers, 2 Eggs with American Cheese & Smokey BBQ Sauce with a Small Coffee

Eggs on Sourdough 3313 kJ — 13
Two Eggs Your Way with Sourdough Toast
Add Beef Rashers +6
Add Hashbrown +3

Chilli Scrambled Eggs 1971 kJ — 17
Sujuk, Scrambled Eggs, Chilli Oil & Tzatziki, served with Lebanese Bread

Magic Mushrooms 2660 kJ — 23
King Brown Mushroom, Enoki Mushroom, Wild Mushroom, Poached Eggs, Crispy Kale, Cream Cheese, Truffle Mayo, served on Soy Linseed Bread

Smashed Avo 2974 kJ — 22
Smashed Avocado, Cherry Tomatoes, Poached Eggs, Pumpkin Hummus, Fetta, Almond Dukkah served on White Sourdough

Big Breakfast 6869 kJ — 29
Eggs, Sujuk, Beef Rashers, Mushroom, Grilled Tomato, Hash Brown, Spinach, Labneh. Served with White Sourdough

Vegetarian Big Breakfast 4964 kJ — 27
Eggs, Halloumi, Avocado, Mushrooms, Grilled Tomato, Hash Brown, Spinach & Labneh, Served with White Sourdough

Eggs Benedict
Served on Toasted Buns and Hollandaise
Your Choice of:
1. Spinach, Mushrooms & Avo (v) 3213 kJ — 21
2. Beef with Spinach & Mushroom 3849 kJ — 22
3. Smoked Salmon & Spinach 2741 kJ — 23

Twisted Avo 3327 kJ — 22
With Poached Eggs, Cherry Tomato, Salad Mix, Danish Fetta, & Beetroot Hummus. Served on Charcoal Sourdough

Shakshuka 2632 kJ — 22
Crushed Tomato, Roasted Capsicum, Onion, Garlic, Eggs, Garnished with Fetta. Served with Turkish Bread
Add Sujuk +6

Pancakes 3337 kJ — 20
3 Stack Pancake Served with Ice Cream, Seasonal Fruit, Fairy Floss & Maple Syrup
Add Nutella, Pistachio or Mixed Berry Sauce +2

The Shed Omelette 3313 kJ — 20
Eggs, Spinach, Onion, Cherry Tomato, Mushroom & Cheese, Served with Sourdough
Add Chicken +6
Add Sujuk +6
Add Lamb +6

EXTRAS

1 Hashbrown, 1 Egg	3.0
Avocado, Sautéed Mushroom or Spinach, 2 Eggs, 2 Beef Rashers	5.0
Grilled Chicken, Grilled Haloumi, Smoked Salmon or Sujuk	6.0

V Vegetarian | **VG** Vegan | **VGO** Vegan On Request
GF Gluten Free | **GFO** Gluten Free Option
A Australian | **I** Imported | **M** Mixed Origin

ALL DAY MENU

Chicken & Avocado Bagel 2074 kJ — 15
Sliced Chicken, Smashed Avocado, Baby Rocket & Aioli

Chicken Pesto On Turkish 4184 kJ — 17
Grilled Pesto Chicken, Avocado, Baby Rocket, Char-Grilled Capsicum, Sun-Dried Tomato & Tasty Cheese

Steak Sandwich & Fries 4867 kJ — 25
Scotch FIllet, Caramelised Onions, Lettuce, Tomato & BBQ Sauce. Served on Turkish Bread

Chicken Schnitzel Plate 3845 kJ — 23
Chicken schnitzel, Chips & Salad with Chipotle Mayo

Burrito Bowl 3266 kJ — 23
Brown Rice with Guacamole, Black Beans, Sweet Corn, Pickled Cabbage & Grilled Chicken, Drizzled with Mexican Dressing & Sour Cream

Chicken Plate 1776 kJ — 23
Grilled Chicken topped with Mushroom Sauce, Chat Potatoes & Broccolini

Chicken Club Sandwich 4762 kJ — 23
Turkish Bread, Grilled Chicken, Lettuce, Tomato, Tasty Cheese, Beef Rashers & Mayo with Side Fries

Greek Salad 2073 kJ — 21
Choice of Grilled Chicken or Lamb, Cos Lettuce, Cherry Tomato, Red Onion, Olives, Cucumber, Feta Cheese & Greek Dressing

Pumpkin Halloumi Salad 2890 kJ — 18
Roasted Pumpkin, Halloumi, Quinoa, Cherry Tomatoes, Mixed Leaves, Beetroot Hummus & Balsamic Dressing
Add Chicken, Lamb or Salmon +6

Steak Plate 2890 kJ — 27
Scotch Fillets served with Roasted Potato, Fried Eggs & Chimichurri

Protein Bowl 2718 kJ — 23
Portuguese Spiced Chicken, Brown Rice, Potatoes, Relish, Kale, Broccoli, Green Beans, Chipotle, Pepitas & Almond Flakes

Battered Fish, Chips & Salad (I) 5752 kJ — 22
Fish, Chips, Side Salad, Lemon, Garlic Aioli Sauce

Fish Tacos (I) 4186 kJ — 21
Trio of Tacos, Crispy Fish, Guacamole, Pickled Cabbage & Chipotle Mayo

Lamb Gyros & Fries 6183 kJ — 23
With Tzatziki, Tomato, Lettuce, Onion, Cucumber & Fries

BURGERS $21
Served with Fries

Wagyu Beef Burger 5818 kJ
Beef Patty, Onion, Pickles, American Cheese, Lettuce & Special Sauce

Portuguese Chicken Burger 5234 kJ
Chicken, Tomato, Cheese, Red Onion, Lettuce & Special Sauce

Crispy Chicken Burger 4748 kJ
with Mixed Slaw, Cheese & Chipotle Mayo

Large Fries 5677 kJ — 9
Large Sweet Potato Fries 2984 kJ — 11

The average adult daily energy intake is 8700 kJ.

SUMMER DRINKS

Peach Iced Tea 405 kJ	8.5
Lemon Iced Tea 339 kJ	8.5
Blue Lagoon 868 kJ	8.5
Tropical Dream 845 kJ	8.5
Strawberry Spark 1116 kJ	8.5
Passionfruit Paradise 710 kJ	8.5

FRESH JUICE

The Shed 957 kJ — 10
Watermelon, Pineapple, Orange & Apple

Sunrise 789 kJ — 10
Watermelon, Strawberry, Pineapple & Lime

Cleanse Your Soul 1128 kJ — 10
Apple, Cucumber, Pear, Pineapple, Lemon & Ginger

Screw Driver 734 kJ — 10
Orange, Pineapple, Lemon & Ginger

Design Your Own — 10
Up to 5 choices

SMOOTHIES

Banana Buzz 2424 kJ — 10
Banana, Granola, Ice Cream, Milk, Ice & Honey

Mango 1291 kJ — 10
Mango, Ice Cream, Milk & Ice

Avocado 1291 kJ — 10
Avocado, Honey, Milk & Ice Cream

Mixed Berry 1602 kJ — 10
Mixed Berries, Strawberry Syrup, Milk & Ice Cream

Banana & Strawberry 2414 kJ — 10
Banana, Strawberry, Honey, Milk, Ice Cream & Ice

Acai Banana 1603 kJ — 10
Acai Berry, Banana & Coconut Water

MATCHA

OG Matcha 1140 kJ — 9.5
Milk, Matcha & Ice

Coconut Matcha 1073 kJ — 12.5
Coconut Water, Matcha Foam & Ice

Strawberry Matcha 1457 kJ — 12.5
Milk, Strawberries, Matcha & Ice

Mango Matcha 1420 kJ — 12.5
Milk, Mango, Matcha & Ice

Blueberry Matcha 1451 kJ — 12.5
Milk, Blueberries, Matcha & Ice

Foam Matcha 2438 kJ — 12.5
Milk, Matcha, Ice & Strawberry Foam

Alternative Milks +1

COLD DRINKS

Still Water — 3.5
Sparkling Water 250ml (bottle) — 5
Soft Drinks 330ml — 5
Energy Drinks — 4.5
Iced Long Black 3 kJ — 7
Milkshakes — 8
Strawberry 1330 kJ, Vanilla 1360 kJ, Chocolate 1340 kJ, Caramel 1340 kJ
Iced Latte 1167 kJ — 7.5
Iced Chocolate 1317 kJ , **Iced Chai** 1559 kJ, **Iced Mocha** 1217 kJ, **Iced Matcha** 767 kJ — 8.5
Iced Coffee 1518 kJ — 8.5
Over Ice Cream
Frappe — 9.5
Coffee 1670 kJ, Caramel 1902 kJ, Chocolate 1980 kJ, Oreo 2175 kJ, Chai 2261 kJ, Mocha 1830 kJ, Tim Tam 2260 kJ